A Cool Place

DAY 01

It is a hot day. Mina and Lily walk along the path. "I need a cool place," says Lily. Mina points to a tall tree.





"What parts does a tree have?" asks Mina. Lily says, "It has green leaves." Lily looks up at the big branches. The leaves make a shady place below.

They sit under the tree. The ground feels cool here. "This is much better," says Lily. They stretch out their legs.





A leaf lands on Lily's head. Mina points to it. "Now you have a hat!" Lily smiles. "A very small hat!"

Who Made These Tracks?

DAY 02

Mina and Ben step into the snowy garden. Their boots leave big marks. Beside them is a line of much smaller tracks.





"What do you notice in the fresh snow?" asks Mina. Ben says, "I notice some tracks near the fence." Ben points to the tiny marks. "Who walked here before us?"

They stand still and watch. A bird lands by the fence and hops across the snow. New little tracks appear behind it.





Ben compares the two sets of tracks. They look the same! He draws them before the afternoon sun melts the snow.

The Smallest Knight

DAY 03

Mina and Ben make a storybook together. Mina draws a small knight outside a tall castle. The big gate is locked.





"What happens next?" Ben asks. Mina draws a key inside a narrow hole. The knight's hand is too big to reach it.

Ben adds a tiny mouse. "What happens next in your story?" asks Ben. Mina says, "The knight asks a little mouse for help." The mouse reaches the key and pulls it out.





The gate opens. Mina draws the two friends going in together. "A small helper can make a big difference," says Ben.

Three Things on Our Walk

DAY 04

Dad suggests a neighborhood walk. Mina and Ben each look for three interesting things. They start at the corner near their house.





"Which way shall we go at the corner?" asks Ben. Dad says, "Let's go left toward the park." They turn left together. Mina notices a round window and a bright yellow gate.

Ben spots a tiny door low in a wall. Dad explains it is for a pet. A cat soon slips through it.





At home, they draw their discoveries on a map. Their familiar street has many things they had never noticed before.

A Very Different Head

DAY 05

Ben opens an animal book and stops at a strange-looking shark. Its head is wide and flat, like a hammer.

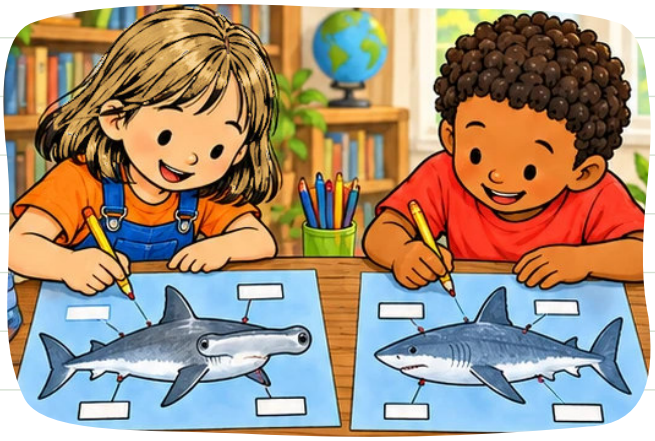




Mina puts another shark picture beside it. "How are these two sharks different?" asks Mina. Ben says, "Their heads are different shapes." Ben points to their heads.

They find the fins, tails, and eyes in both pictures. The animals share many parts, but the parts do not all look alike.





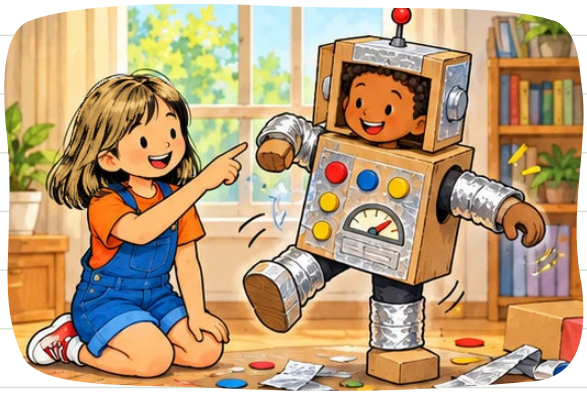
They draw both sharks on blue paper. Mina adds labels. Their little display shows how one animal group can have many shapes.

A Costume from a Box

DAY 06

Mina and Ben want costumes for a pretend-play party. Dad helps cut safe openings in a cardboard box for Ben.

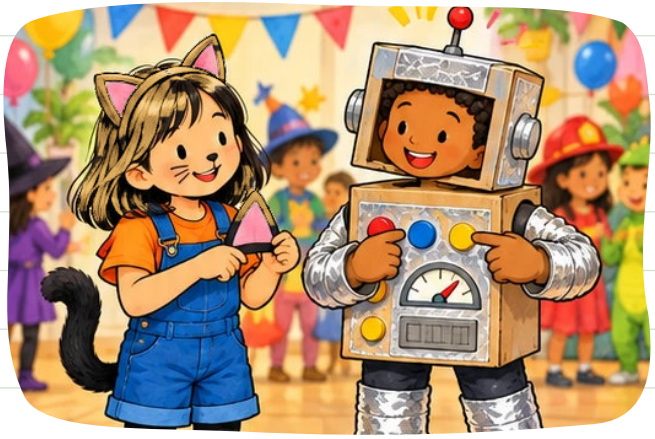




Ben adds paper buttons and shiny foil. "What are you pretending to be today?" asks Mina. Ben says, "I am pretending to be a robot with buttons." Ben moves with stiff, funny steps.

Mina makes cat ears from paper and puts them on a headband. She practices a quiet meow.





At the party, they explain how they made their costumes. Old boxes and paper can begin a brand-new adventure.

The Squashed Cup

DAY 07

Mina and Ben have soft clay on a tray. "What will you make with the clay?" asks Mina. Ben says, "I'll make a cup with a handle." Ben rolls the clay into a ball and presses his thumb into it.





He pulls the sides up to make a tall cup. The thin sides lean over. Before he can stop them, they fall flat.

Ben looks disappointed. Mina gently turns the clay around. "Could it be something else?" she asks. Ben presses the edges smooth.





Now he has a little plate for his toy bear. The cup did not work, but a new idea did.

First Socks, Then Shoes

DAY 08

Mina and Ben play a silly backwards game. Ben puts on his shoes and then tries to pull socks over them.





The socks will not stretch that far. "What should we do first?" asks Mina. Ben says, "We should put on socks before our shoes." Ben laughs at his silly mistake.

They draw picture cards for getting ready. First socks, then shoes. First a shirt, then a coat. They put the cards in order.





Dad mixes up the cards for one more game. The children fix the order together. Some jobs work better in the right order.

A Balloon for Everyone

DAY 09

Dad holds four balloons at the party. "Which balloon would you like?" asks Dad. Mina says, "I would like the blue one for our game." Ben points to the blue one too.





There is only one blue balloon. Ben looks at Mina. Neither child wants to take it away from the other.

"Let's use it together," suggests Mina. They tap it gently back and forth, keeping it away from sharp things.





Their friends join the game with the other balloons. Dad collects the balloons when playtime ends. Sharing made room for everyone.

Tell Me What You Need

DAY 10

Ben is ready to go outside, but his zipper is stuck. He pulls harder and makes an unhappy sound. Mina turns to him.





Ben takes a breath. "What do you need help with today?" asks Mina. Ben says, "I need help with my zipper because it is stuck."

They look closely and find cloth caught in it. Mina holds the coat still while Ben gently frees the cloth.





The zipper moves again. "Thank you for listening," says Ben. Clear words helped Mina understand the problem and help him solve it.

A Goal for Both

DAY 11

Mina places two cones on the grass to make a goal. Ben brings a soft ball. "Where shall we aim the ball?" asks Ben. Mina says, "Let's aim at the goal between the cones."





"At the middle," says Mina. Ben kicks hard, and the ball rolls past the side. He runs to bring it back.

Mina suggests standing closer and kicking gently. Ben tries again. This time the ball rolls neatly between the cones.





Now Mina has a turn. They count goals together instead of keeping separate scores. Every good try belongs to their team.

We Know the Way

DAY 12

The teacher explains a fire drill before it begins. The class will practice leaving safely and meeting at their usual safe place.





When the alarm sounds, Ben feels surprised. "What should we do during the drill?" asks Ben. Mina says, "We should listen to the teacher." Mina points to their teacher and listens.

They leave their things and walk with the class. Outside, they stay together while the teacher checks every child's name.





After the drill, Ben feels more confident. Practicing helped him learn where to go and whose instructions to follow.

The Missing Bear

DAY 13

Ben wants his bear for story time. He looks on the bed, but it is not there. Mina comes to help.





"Where should we look?" asks Ben. Mina asks him to remember his last game. Ben thinks about their pretend boat.

Ben remembers that the laundry basket was their boat. "Where should we look for the bear?" asks Ben. Mina says, "Let's look under the towel in the basket." They lift the towel. Two little bear ears appear.





Ben hugs the bear. Remembering the game gave them a useful clue. Now all three are ready for a story.

Quiet by the Nest

DAY 14



A bird lands on the fence with dry grass in its beak. Mina calls Ben softly. The bird flies into a nearby tree.



Ben spots a nest between the branches. He wants to get closer. "How should we watch the birds?" asks Mina. Ben says, "We should watch quietly so we do not disturb them." Ben stops before going any closer.



They stay far back and keep quiet. The bird returns with another piece of grass. They never touch the nest or branches.



At home, they draw what they saw. Their picture keeps the memory, while the bird keeps its peaceful home.

A Card That Travels

DAY 15

Mina and Ben want to send Grandpa a surprise. They fold a card and draw a garden on the front.





"What shall we write in the card?" asks Ben. Mina says, "Let's write a greeting at the top." They write a friendly greeting and tell Grandpa about the bird they saw yesterday.

Mom helps with the address and stamp. They put the card in an envelope and take it to the mailbox.





A few days later, Grandpa calls. The card has arrived! Their words and pictures traveled all the way to his home.

The Garden Magnifier

DAY 16

Ben brings a magnifying glass to the shady garden. Mina points to a tiny creature resting on a leaf.





"What is the tiny creature like?" asks Ben. Mina says, "It is long with many little legs." Mina notices stripes along its back too.

They keep their hands back so they do not disturb it. Ben sketches the details in a small notebook.





The creature moves under another leaf. They leave it alone. Looking carefully helped them see more than they expected.

Try a Different Game

DAY 17

Mina and Ben throw a soft ball back and forth. Their little friend wants to join, but catching is still hard for him.





"How can everyone join?" asks Mina. Ben suggests moving closer. They try again, but the ball keeps bouncing away.

They stop to think again. "How can everyone join our game?" asks Mina. Ben says, "We can roll the ball instead of throwing it." They sit in a small circle. Their friend stops the rolling ball with both hands and sends it back.





Soon all three are laughing and taking turns. Changing one rule made a game that everyone could enjoy together.

A Recipe for Three

DAY 18

Mom has apples, bananas, and strawberries for fruit salad. Mina and Ben wash their hands and clear a space on the table.





They rinse the fruit. Mom uses a knife to cut it safely. "What do we do next in the recipe?" asks Ben. Mina says, "Next, we mix the fruit gently with a spoon."

Mina tips the pieces into a big bowl. Ben mixes them gently with a spoon, trying not to squash the soft bananas.





They serve three small bowls. Making food took several steps, and each person had a useful job. Now comes the tasty part!

A Line in the Sand

DAY 19

Mina and Ben arrive at the beach with Dad. Before they play, Dad points out the safe area and explains the beach rules.





"Where should we stay at the beach?" asks Mina. Ben says, "We should stay near an adult while we play." Dad nods. The children choose a place on the sand beside his chair.

They build a castle and decorate it with smooth shells. When Ben wants to look at the water, he asks Dad to come.





They explore together and return to the castle. Staying close and listening to an adult help everyone enjoy the day safely.

A Book of Our Days

DAY 20



Mina and Ben spread their drawings across the table. There are animals, places, games, and things they learned to make.



"What did we learn together?" asks Mina. Ben says, "We learned to ask questions when we are curious." Ben remembers trying again and helping friends too. Each picture brings back a different day.



They put the pictures in order and make a book. Mina writes a title. Ben draws both of them on the cover.



At the back, they leave one blank page. "What is this for?" Dad asks. "Tomorrow," they answer. There is always more to learn.